Workbook Chapter Forty
Keep Your Sense of Humor

Self-Assessment Tools:

14 Ways To Develop A Good Sense Of Humor To Make People Laugh.[1]

1. Watch comedies on YouTube.
2. Be a good observer.
3. Go to comedy shows.
4. Perform at Standup nights.
5. Take an online course in comedy
6. Be around, funny people.
7. Don't take yourself too seriously.
8. See the humor in everyday situations.
9. Practice making others laugh.
10. Don't be afraid to laugh at yourself.
11. Listen to comedian's podcasts
12. Study jokes and trying to understand what makes them funny
13. Practice being funny yourself.
14. Understand timing.

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[1] "How to Develop A Good Sense of Humor"
https://bodylanguagematters.com/how-to-develop-a-sense-of-humor/#:~:text=How%20to%20Develop%20A%20Sense%20of%20Humor%201,the%20humor%20in%20everyday%20situations.%20...%20More%20items.